

Zvia Weight Loss & Medspa

**Thymosin Alpha-1: Your
System's Precision Signal**

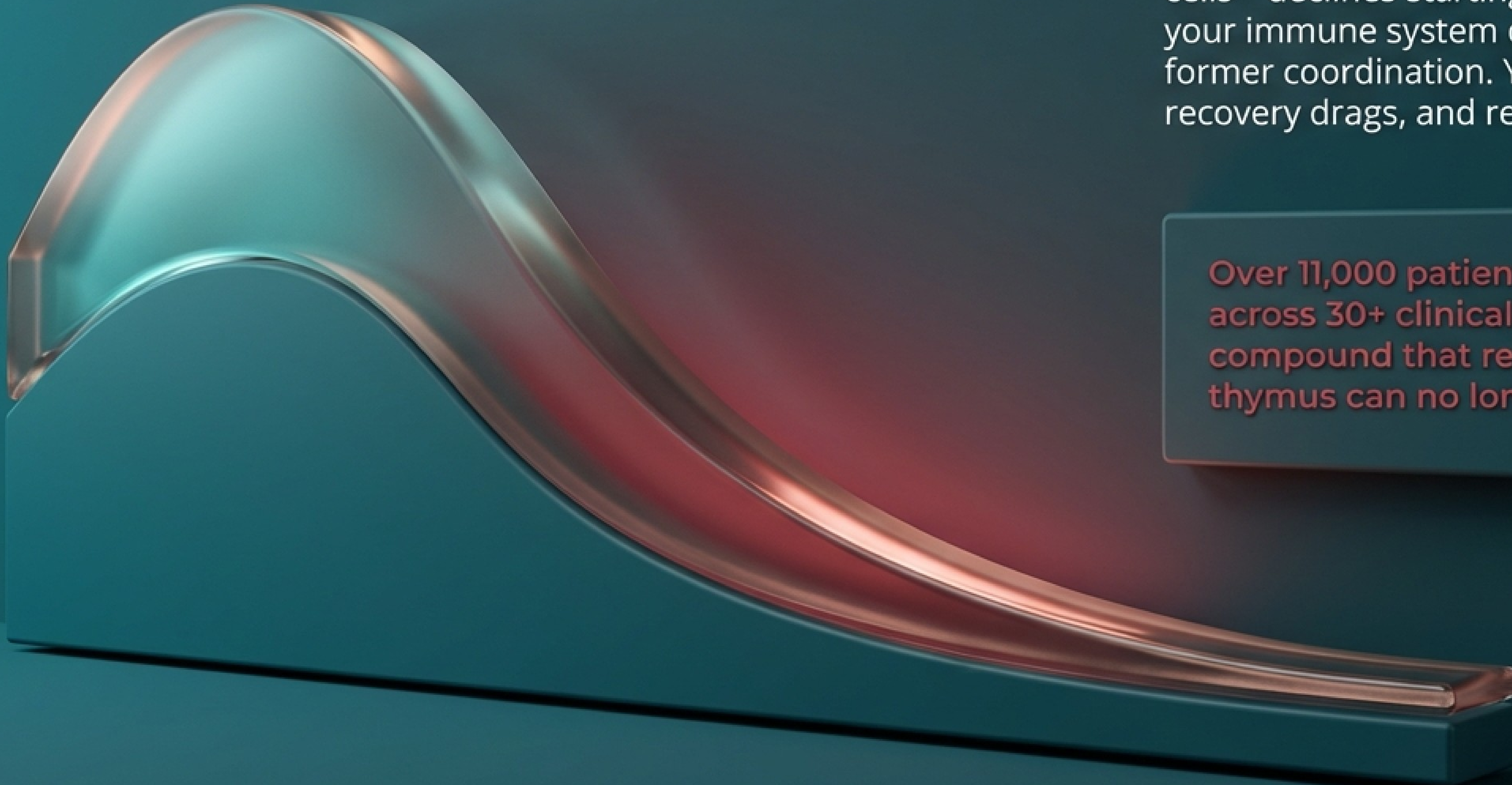
SQ + ODS Protocol

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What You're Experiencing

Your thymus—the gland training your immune cells—declines starting in your twenties. By 40, your immune system operates without its former coordination. You catch more colds, recovery drags, and resilient energy fades.

Over 11,000 patients have been studied across 30+ clinical trials exploring the compound that restores what your thymus can no longer provide.



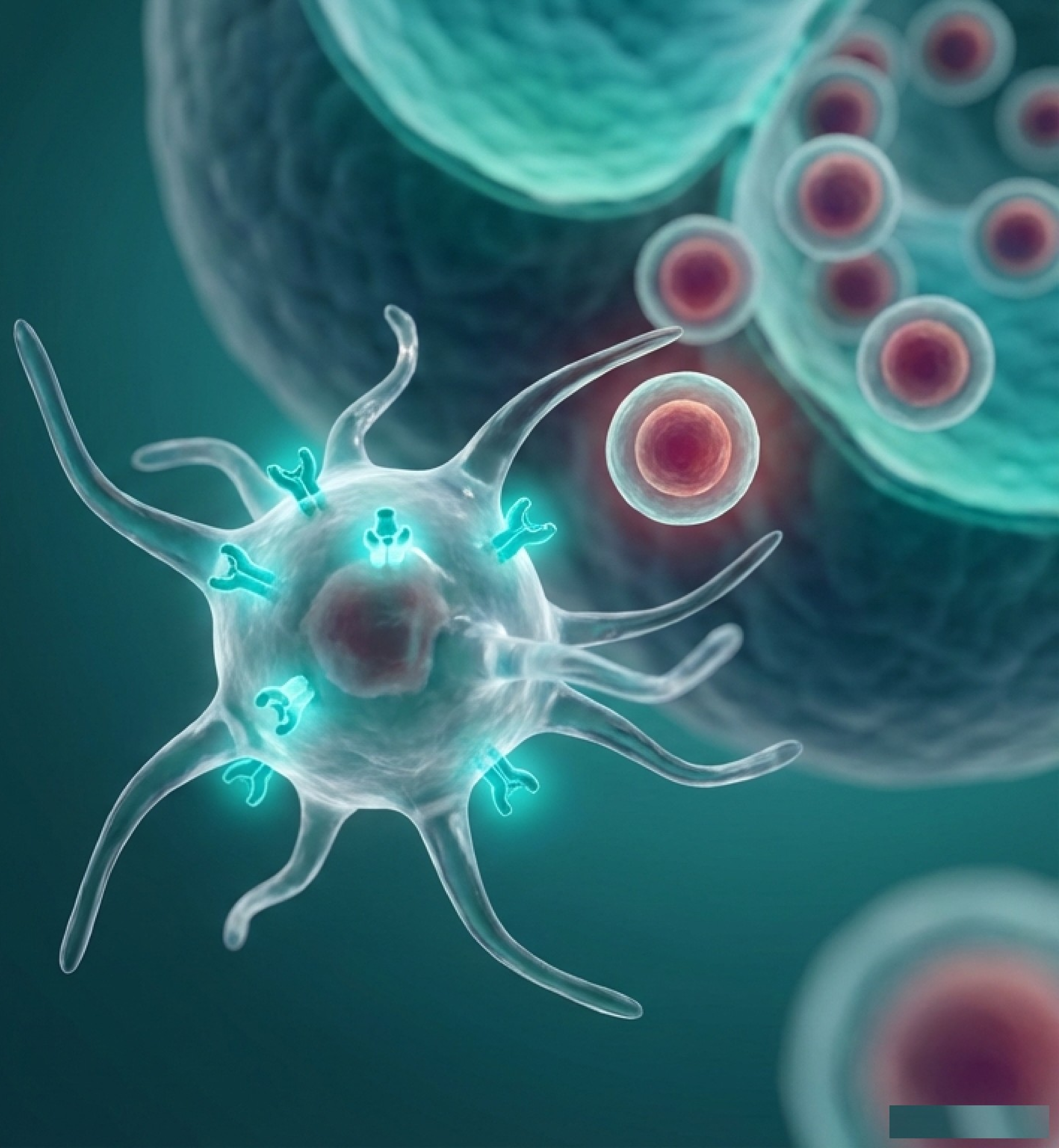
How Thymosin Alpha-1 Addresses This

Your thymus produces a 28-amino acid peptide called Thymosin Alpha-1 that coordinates your entire immune defense. As thymic output declines, so does this critical signal.

Tα1 therapy supplements what the aging thymus can no longer produce. It doesn't just boost immunity—it restores the balance.

How It Works

- **Activates TLR-2 and TLR-9**
(enhanced immune surveillance)
- **Stimulates T-cell differentiation**
and **healthy thymic output**
- **Reduces PD-1 expression**
(reversing deep immune exhaustion)
- **Modulates Th1/Treg balance** (calms
overreaction, enhances defense)



Multi-System Benefits

Innate Immunity	TLR-2/TLR-9 dendritic cell activation	Faster threat recognition
Adaptive Immunity	T-cell differentiation	Rebuilt CD4+/CD8+ populations
Immune Endurance	PD-1 reduction	Reversed immune exhaustion
Oxidative Defense	ROS modulation	Protected immune cell function

Delivery Options at Zvia

SQ Injection

- High bioavailability
- Peak levels 1–2 hrs
- Precision dosing, self-administered



Oral Dissolving Strip

- Moderate bioavailability
- Mucosal absorption
- Needle-free, travel-friendly



Your provider selects delivery based on your immune markers and goals

Your Timeline

The Opening (Weeks 1–2)

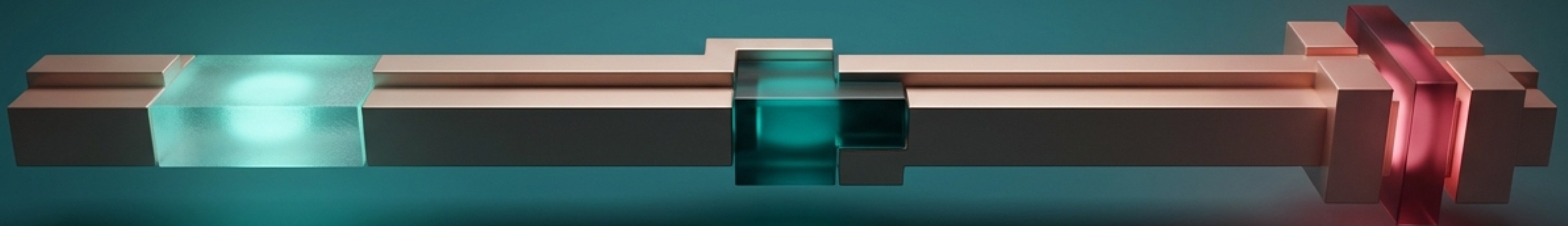
Energy improvement, enhanced innate immune response, peak serum 1–2 hours post-injection.

Building Momentum (Weeks 3–8)

Measurable T-cell shifts, fewer infections, reduced brain fog, improved recovery.

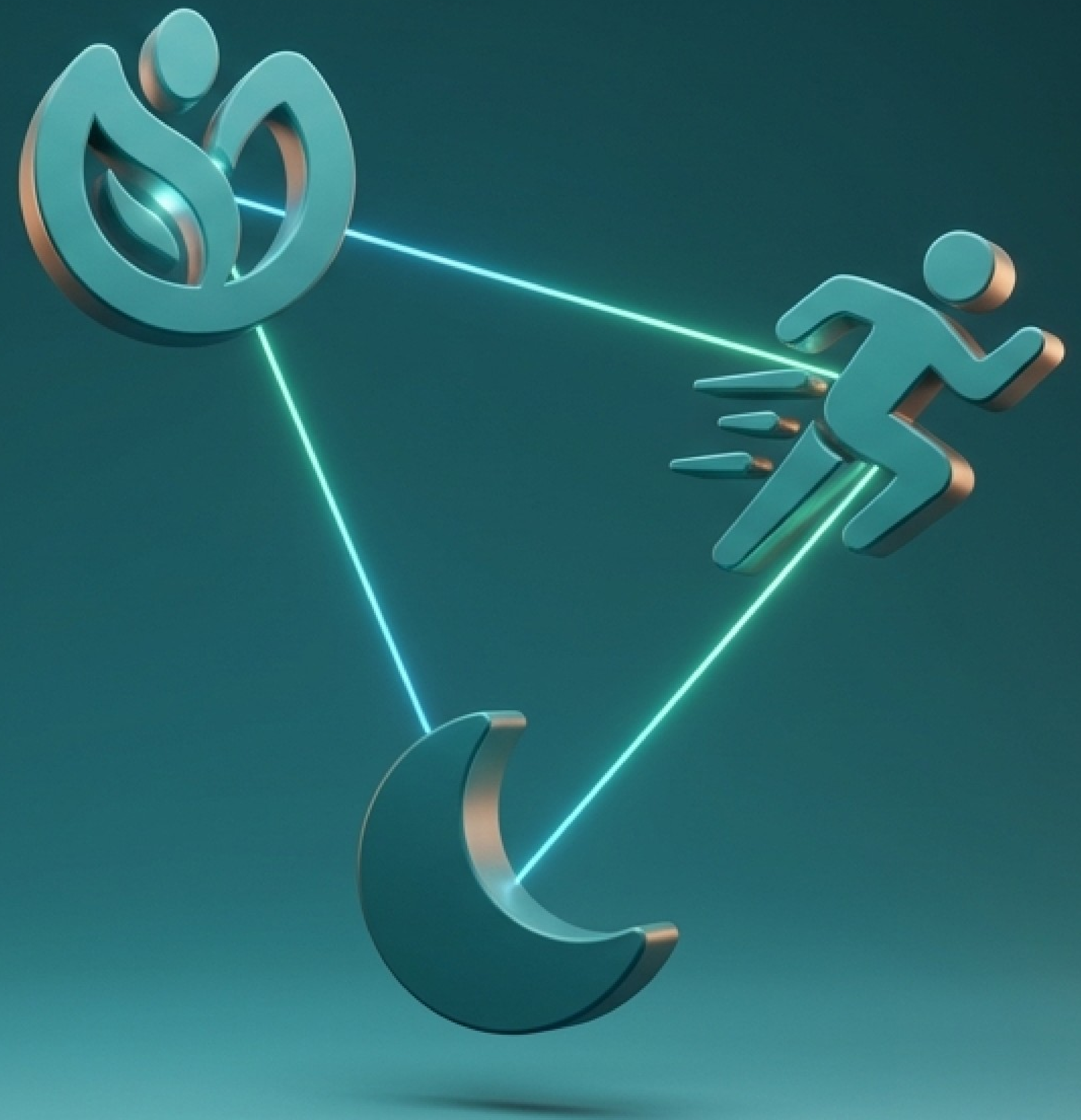
The Crescendo (Months 3–6+)

Full immune reconstitution, naive T-cell increases, PD-1 reduction, sustained resilience.



Amplify Your Results: Lifestyle Synergies

- **Nutrition:** Zinc, Selenium, and Vitamin D (target 50–70 ng/mL) amplify immunity.
- **Activity:** 30+ minutes moderate exercise enhances circulating lymphocyte and NK activity.
- **Recovery:** 7–9 hours of quality sleep promotes T-cell differentiation and memory.



Your protocol works harder when your lifestyle supports it.

Ideal Candidates

- Adults over 40 noticing increased illness frequency and slower recovery.
- Post-viral patients with persistent fatigue and documented immune dysfunction.
- Individuals managing chronic infections alongside conventional medical treatment.
- Proactive high-performers investing in immune longevity before decline becomes symptomatic.

Your Zvia Team

- Providers run comprehensive immune panels to map your specific biology.
- Your clinical protocol is designed entirely around you, not a template.
- The team monitors your specific response through ongoing follow-up labs.
- You never navigate alone—your care team is invested in your outcome.



The Zvia Difference

- A team that genuinely knows your labs, history, and physical goals.
- Comprehensive baseline lab work ensures precision monitoring, never clinical guesswork.
- Tα1 integrated seamlessly with zinc, vitamin D, and lifestyle prescriptions.
- Proactive 70+ marker analysis, unlike brief, transactional telehealth prescription models.

You've done the research. Let's talk about what this looks like for you.

Schedule your consultation with the Zvia team.

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Individual results may vary. All protocols require provider evaluation and supervision.