

AOD-9604: Precision Fat Metabolism **Subcutaneous Protocol**

Your Situation: Metabolic Resistance

The Plateau

Committed to nutrition, workouts, and sleep—yet stubborn fat persists.

The Reality

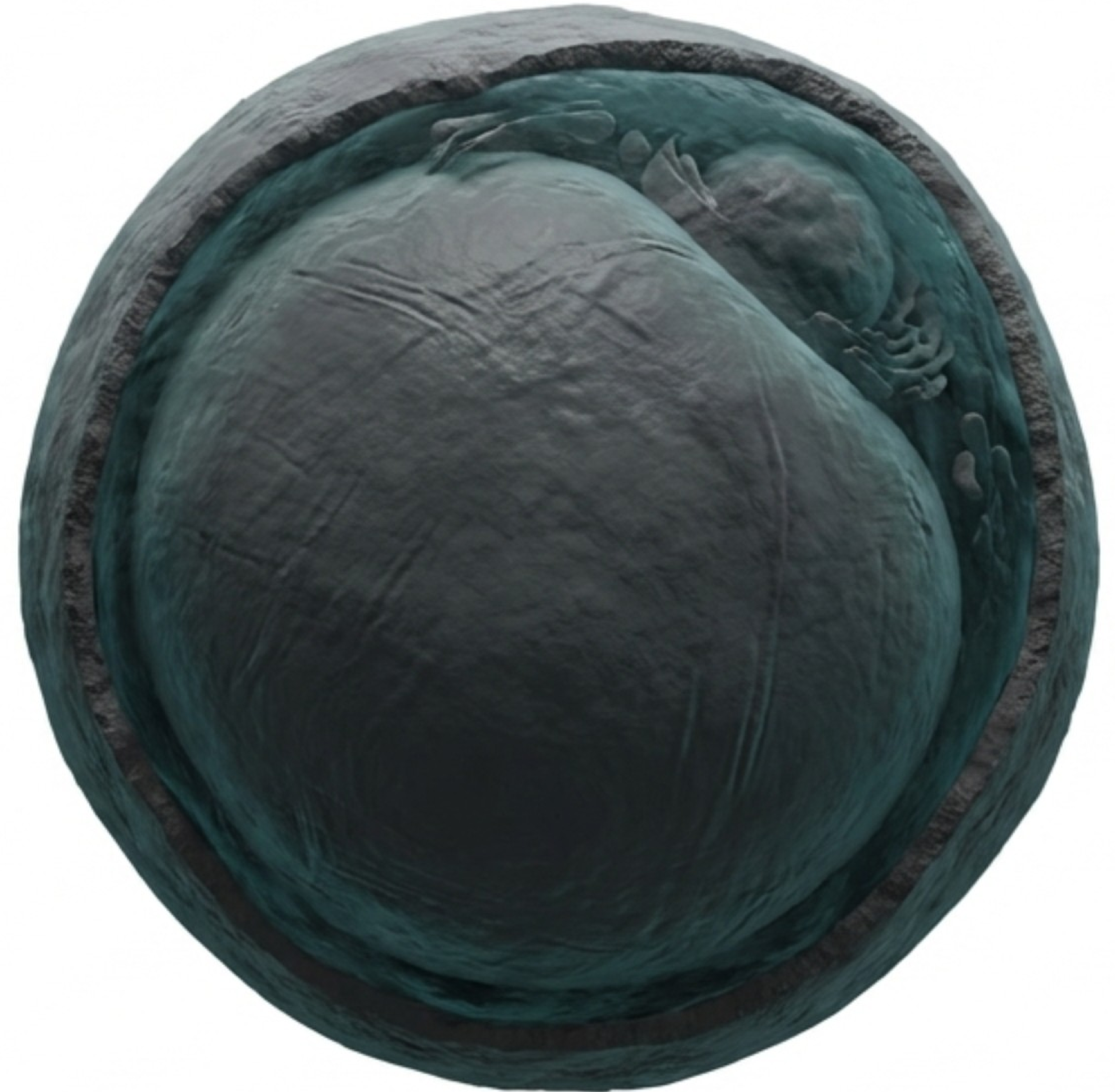
This is not a failure of will; it is **Metabolic Resistance**.

The Scope

70%+ of adults face this cellular plateau where biology resists lifestyle changes.

The Validation

You are not alone. Your metabolism requires a new signal.



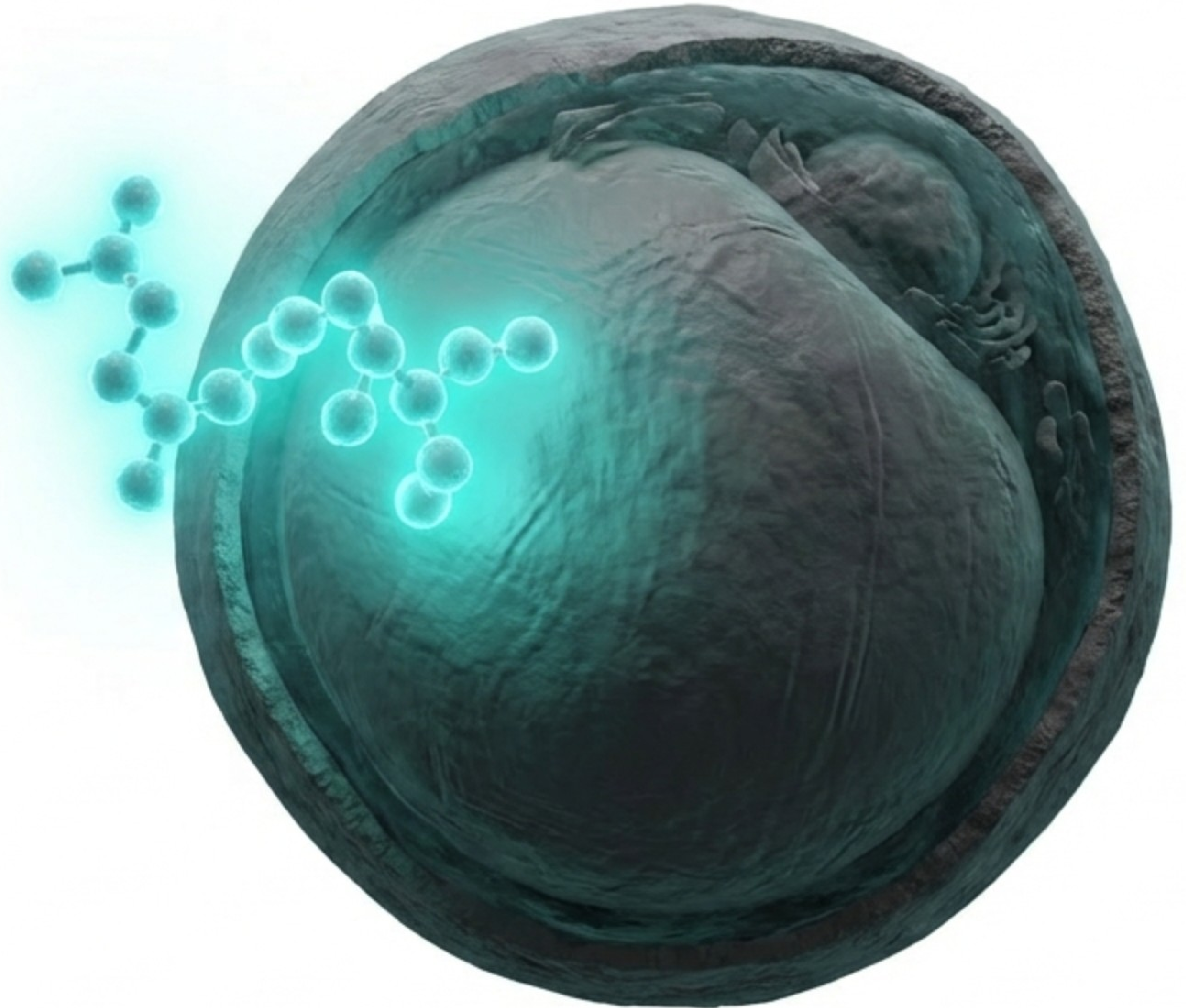
How AOD-9604 Addresses This

Precision Peptide Definition

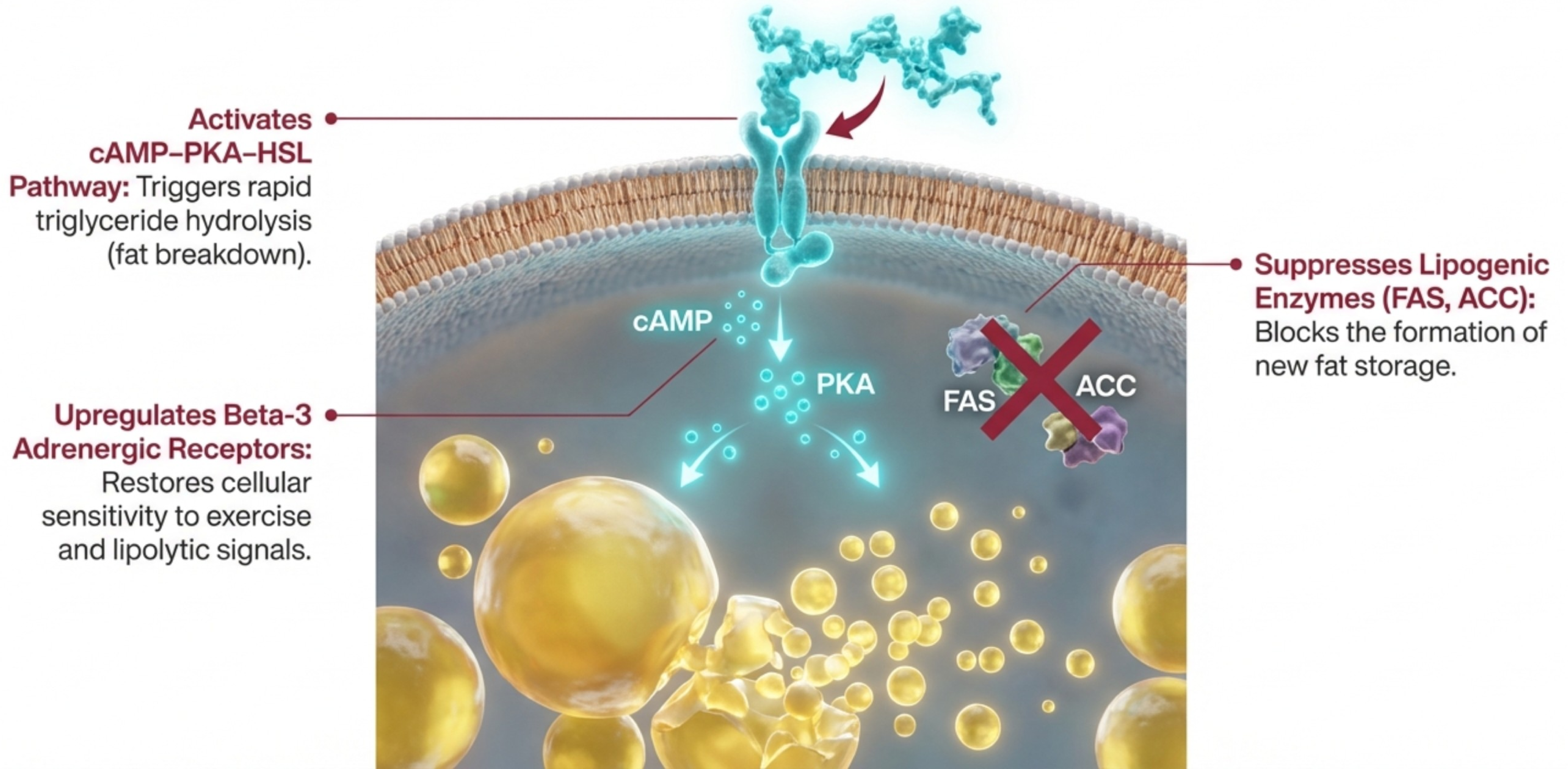
AOD-9604 is a precision peptide fragment (amino acids 176–191) of human growth hormone.

Mechanism Summary

- **Targets:** Selectively isolates the fat-burning domain of HGH.
- **Action:** Stimulates breakdown of existing fat + prevents new fat formation.
- **Selectivity:** No effect on blood sugar (insulin), IGF-1, or lean muscle mass.



How It Works: The Cellular Cascade



Multi-System Benefits

System	Mechanism	Result
Fat Metabolism	cAMP-PKA-HSL	Triple the fat loss of placebo (2.6kg vs 0.8kg).
Receptor Sensitivity	β3-AR Upregulation	Enhanced fat oxidation during exercise.
Fat Prevention	FAS/ACC Suppression	Reduced new fat formation (Lipogenesis inhibition).
Body Composition	Selective Targeting	Lean tissue preserved; no catabolic muscle loss.

The Subcutaneous Advantage

Precision Dosing: 250–500 mcg daily, directed by your provider based on response.

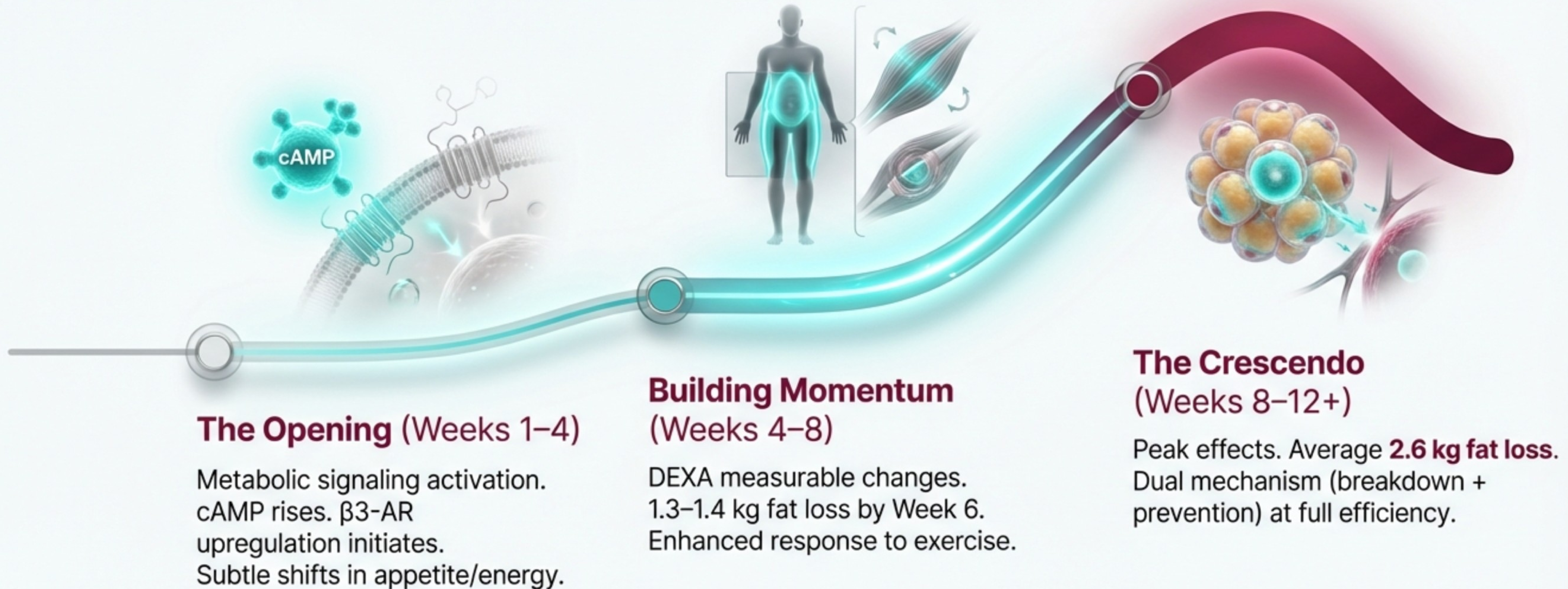
Bioavailability: Subcutaneous delivery ensures optimal absorption and consistent tissue levels.

Circadian Alignment: Administered in a fasted morning state to align with natural fat-mobilization rhythms.

Activation Window: Requires a 30–45 minute wait before food to maintain the low-insulin lipolytic environment.

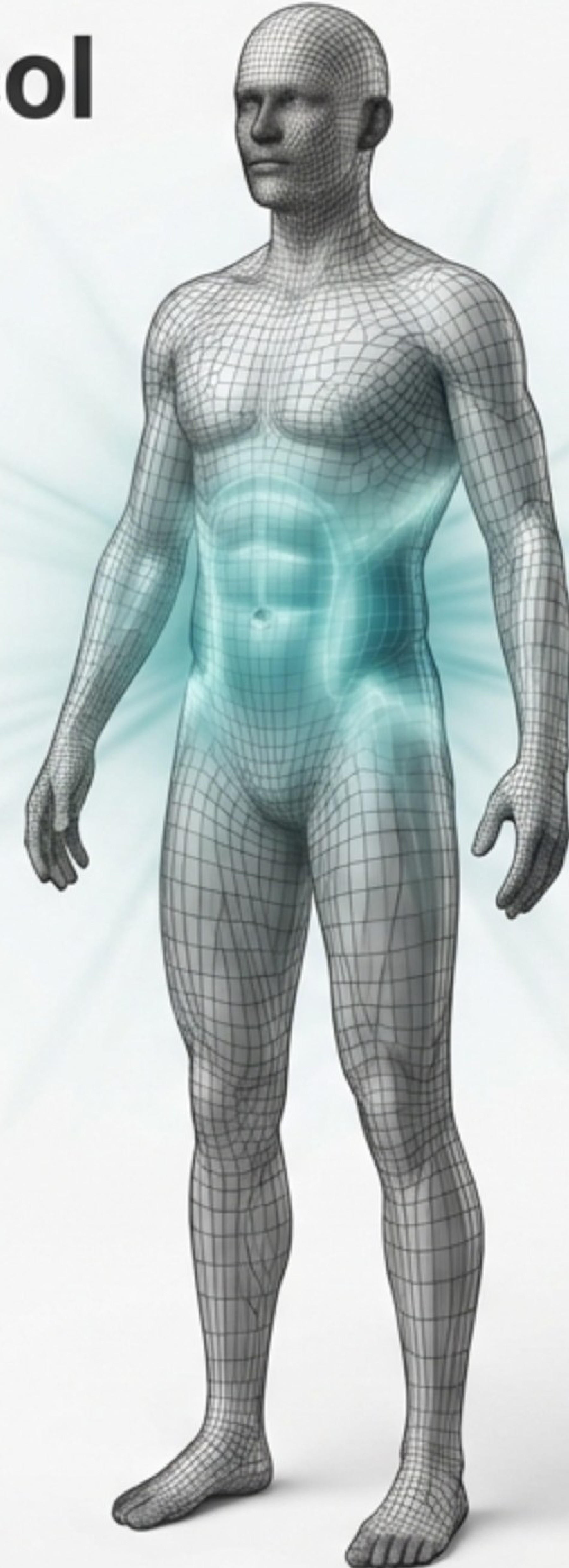


Your Timeline: The 12-Week Arc



Ideal Candidates for Precision Protocol

- ✓ **Stubborn Fat:** Plateaued despite adherence to nutrition and activity.
- ✓ **Body Composition:** Seeking refinement and definition, not just scale weight reduction.
- ✓ **Active Lifestyle:** Ready to amplify the effects of current exercise through β 3-AR upregulation.
- ✓ **Safety-Conscious:** Seeking fat loss without systemic hormonal effects (insulin/IGF-1).
- ✓ **Partnership:** Ready for provider-supervised precision dosing.



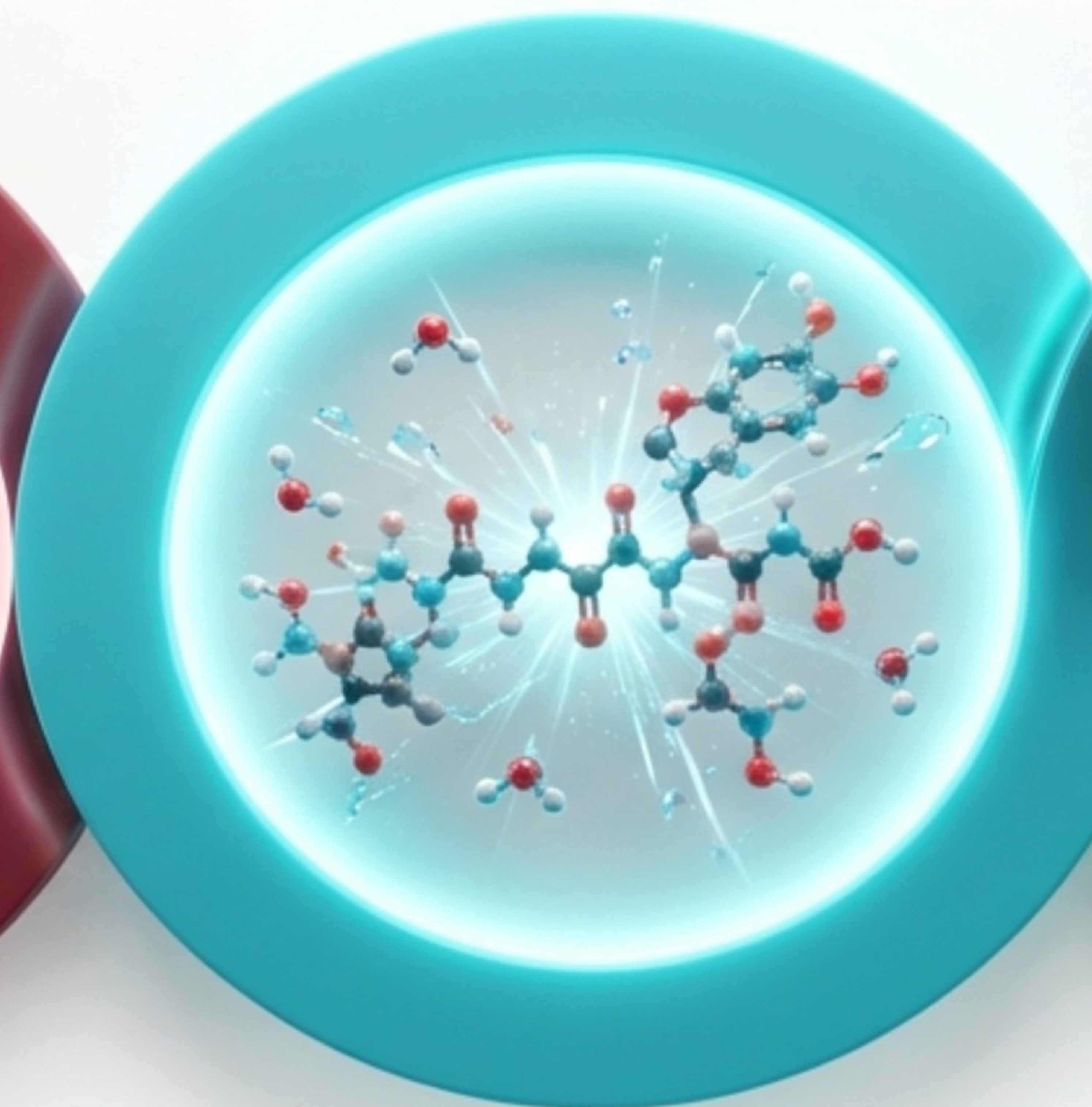
Your Zvia Team: The Conductor & The Soloist

The Conductor
(Your Provider)



Designs your biology-specific protocol—not a template. Monitors DEXA and adjusts dosing.

The Soloist
(AOD-9604)



A precise, focused intervention targeting specific fat metabolism pathways.

The Ensemble
(Lifestyle)



Nutrition (high-protein), Activity, and Sleep are integrated—not optional.

Partnership: You are never alone. We build the metabolic score together.

The Zvia Difference: Data, Not Guesses

- ✓ **Baseline Intelligence:** 70+ lab markers + comprehensive body composition baseline.
- ✓ **Precision Dosing:** Provider-directed titration based on YOUR metabolic profile and response.
- ✓ **True Tracking:** We use **DEXA** to track fat-specific changes, ensuring lean muscle preservation.
- ✓ **Holistic Integration:** Sleep optimization and stress management included to lower cortisol and protect results.



The Next Step

You've done the research. Let's talk about what this looks like for you.

Schedule Consultation

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